

All meals include a choice of half-pint
White 1% or Choc. Skim milk

NOVEMBER 2018

All Menus Subject to Change
without notice

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1 B		B		B		B	1 TURKEY HAM & CHEESE ON WG BUN, PINE CHUNKS & CRAISINS	B	2 BREAKFAST SMOOTHIE, CINNAMON TOAST, & APPLE WEDGES
L		L		L		L	CHILI W/CHEESE & WG ROLL POTATO WEDGE, VEGGIE STICKS SEASONAL FRUIT	L	CHOW MEIN NOODLES & EGG ROLL, HOUSE SALAD ORANGE JUICE
2 B	5 PIZZA BAGEL MIXED FRUIT GRAPE JUICE	B	6 ELECTION DAY NO SCHOOL	B	7 CRUMB CAKE SLICED PEACHES, FRESH FRUIT	B	8 CINNAMON RAISIN BAGEL W/ CREAM CHEESE, MIXED FRUIT, PINEAPPLE CHUNKS	B	9 BREAKFAST CHICKEN PATTIE BISCUIT, FRESH FRUIT ORANGE JUICE
L	TERI CHEESE BURGER HOUSE SALAD, BABY CARROTS, BAKED BEANS, GRAPE JUICE	L		L	VEGETERIAN LASAGNA HOT VEGGIES, APPLE WEDGE, FRUIT MUFFIN	L	TUNA DIP & CHIPS CURLY FRIES, LETTUCE LEAF TOMATO SLICE, SEASONAL FRUIT	L	KALUA PORK W/SPINACH RICE, LOMI TOMATO PINEAPPLE CHUNKS
3 B	12 	B	13 MAPLE PANCAKE WRAP SLICED PEACHES & CRAISINS	B	14 BREAKFAST CHICKEN PATTY RICE, MIXED FRUIT ORANGE JUICE	B	15 CINNAMON ROLL PINEAPPLE CHUNKS & ORANGE WEDGES	B	16 PORTUGUESE SAUSAGE & RICE SEASONAL FRUIT APPLE JUICE
L		L	BREADED CHICKEN NUGGETS RICE, HOT VEGGIES BABY CARROTS PINEAPPLE CHUNKS	L	CHEESY CHILI TOTS & WG BISCUIT, VEGGIE STICKS APPLE WEDGES & SHORTBREAD COOKIE	L	VEGETERIAN PIZZA HOUSE SALAD, MIXED FRUIT	L	OVEN BAKED CHICKEN & WHIPPED POTATO, WG ROLL CORN, ORANGE WEDGE
4 B	19 BREAKFAST SLIDERS PEACHES ORANGE JUICE	B	20 APPLE PASTRY ORANGE WEDGES GRAPE JUICE	B	21 CINNAMON TOAST, HAM LINKS, PINE CHUNKS CRAISINS	B	22 HAPPY THANKSGIVING! 	B	23 NO SCHOOL
L	POPCORN CHICKEN & RICE RAINBOW SALAD, FRUIT SLUSHY BAKED BEANS	L	CRISPY NACHOS W/ BEEF & CHEESE, HOUSE SALAD ORANGE JUICE	L	TURKEY & GRAVY w/WHIPPED POTATOES, WG ROLL, HOT VEGGIES, APPLESAUCE SWEET POTATO PIE	L		L	
5 B	26 BAGEL, PINEAPPLE CHUNKS ORANGE JUICE	B	27 BAKED HAM & BISCUIT PEACHES & APPLE JUICE	B	28 GREEK YOGURT, WG CHEESE TOAST, PINE CHUNKS ORANGE JUICE	B	29 BREAKFAST SMOOTHIE, CINNAMON TOAST, MIXED FRUIT	B	30 BREAKFAST QUESIDILLA, SEASONAL FRUIT & GRAPE JUICE
L	CORN DOG HOUSE SALAD, BABY CARROTS, BAKED BEANS, GRAPE JUICE	L	PASTA FLORENTINE W/ FRENCH BREAD HOUSE SALAD, BABY CARROTS FRUIT COCKTAIL	L	TUNA DIP & CHIPS CURLY FRIES, LETTUCE LEAF TOMATO SLICE, SEASONAL FRUIT	L	BAJA FISH TACO W/ASIAN CABBAGE SLAW & GARLIC AIOLI, HOT VEGGIES, APPLE WEDGE, FRUIT MUFFIN	L	ROAST PORK W/ GRAVY, RICE & VEGGIE JUICE, LOMI TOMATO PINEAPPLE CHUNKS

ALL STEAMED RICE IS 100% BROWN RICE

WG= WHOLE GRAIN

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"